


CALENDAR COLOR CODE
Meditations & Yoga Classes
Healing Workshops
Certified Training Programs
Free Awareness Seminars
External Events

**Mona Elnadi Nassar**  
  
 Integrative wellness Coach, Emotional Healer, certified Archetypal Consultant. Business coach & consultant

**Iman Hassan**  
  
 Wealth & Law of Attraction Trainer, Divine Healing Trainer, Feng Shui Consultant & Reiki Healer

**Waad Altaieb**  
  
 Feminine Energy Healer, Shamanic Healer, Yoga Master & Coach

**M.F.A Sameer**  
  
 Holistic Energy Healer, Integrated Hypnotherapist & Life Coach

**Mona Nouman**  
  
 Law of Attraction Coach, Reiki Healer & Life Coach

# SEPTEMBER 2020

**SATURDAY      SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**



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- Free online meditations
- Special rate for an online 1-on-1 private session
- 30% discount for online healing workshops
- Special discounts for online certified training courses

			1 <b>Free Online Seminar!</b> Introduction to Archetypal Consultancy with Mona Elnadi 6pm - 7pm	2 <b>Online &amp; Onsite: Women's Full Moon Meditation:</b> Cacao Ceremony: Into the Fullness of the feminine Spirit with Waad Altaieb (Arabic) 6:30pm - 7:30pm AED 105/- vat included (Max of 5 people can attend in the center)	3 <b>Online &amp; Onsite: Full Moon Meditation:</b> Manifest your Heart's desire with MFA Sameer 6:30pm - 7:30pm AED 52.50/- vat included (Max of 5 people can attend in the center)	4
5	6 <b>Free Online Seminar!</b> The Art of Coaching. Why do you need a life coach? (Arabic) with Mona Nouman 6:30pm - 7:30pm	7	8 <b>Online Workshop!</b> How to Attract Love with Iman Hassan 12nn - 3pm AED 367.50/- vat included	9 <b>Online/Onsite Workshop!</b> Life Coaching Workshop: Know Your Beloved Enemy! (Arabic) with Mona Nouman 6pm - 7:30pm AED 105/- vat included	10	11
12	13 <b>Free Online Seminar!</b> How to manage your fears & Phobias through NLP with MFA Sameer 6:30pm - 7:30pm	14 <b>Online &amp; Onsite Workshop!</b> Set your Archetype Free with Mona Elnadi 5pm - 9pm AED 472.50 /- vat included (Max of 5 people can attend in the center)	15 <b>Online &amp; Onsite Workshop!</b> Steps on how to Overcome Addictions with MFA Sameer 6pm - 7:30pm AED 105 /- vat included	16 <b>Online &amp; Onsite: New Moon Meditation:</b> Women's Circle (Arabic) with Waad Altaieb 6:30pm - 7:30pm AED 105/- vat included (Max of 5 people can attend in the center)	17 <b>Online/Onsite Workshop!</b> Achieve your dreams through connecting to your womb (Arabic) with Waad Altaieb 5pm - 7pm   AED 341.50/- vat included (Max of 5 people can attend in the center)  <b>Online &amp; Onsite: Full Moon Meditation:</b> Deep Energy Cleansing & Regeneration with MFA Samer 6:30pm - 7:30pm AED 52.50/- vat included (Max of 5 people can attend in the center)	18
19 <b>Online &amp; Onsite Training!</b> USUI Reiki Level 3 ( Arabic) with Iman Hassan 11am - 6pm AED 1,417.59 vat included (Offline) AED 1,207.50 vat included (Online)	20 <b>Free Online seminar!</b> The Energy or colors & crystals workshop with Iman Hassan 6:30pm - 7:30pm	21	22	23 <b>Online &amp; Onsite Workshop!</b> The Journey from Fear to Enlightenment: Together in welcoming new energy! (Arabic) with Mona Nouman 6pm - 7:30pm AED 105 /- vat included	24	25
26 <b>Online Training!</b> Mastering Law of Attraction with Iman Hassan September 26 - October 24th, 2020 12nn - 3pm AED 2625 vat included	27 <b>Free Online seminar!</b> How to be Emotionally Intelligent with MFA Sameer 6:30pm - 7:30pm	28	29 <b>Free Online Seminar!</b> Unlocking Potential for Human Excellence with MFA Sameer 6:30pm - 7:30pm	30		

**YOU ARE STAYING SAFE AND TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.**

In our efforts to support the community we are keeping many meditations & Seminars FREE!! Online workshops Will be available through our online platforms for \*30% OFF based on the regular rate. \*Online Payment is available through our Website or Pay Tabs link. \*For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. \*T & C Apply **We would request your support on this. #staysafe**