


CALENDAR COLOR CODE
Meditations & Yoga Classes
Healing Workshops
Certified Training Programs
Free Awareness Seminars
External Events

Mona Elnadi Nassar

 Integrative wellness Coach, Emotional Healer, certified Archetypal Consultant. Business coach & consultant

Iman Hassan

 Wealth & Law of Attraction Trainer, Divine Healing Trainer, Feng Shui Consultant & Reiki Healer

Waad Altaieb

 Feminine Energy Healer, Shamanic Healer, Yoga Master & Coach

M.F.A Sameer

 Holistic Energy Healer, Integrated Hypnotherapist & Life Coach

Mona Nouman

 Law of Attraction Coach, Reiki Healer & Life Coach

Dorra Bettaib

 Guidance Reader & Sufi Energy Healer

Dr. Afaf Nazih

 Trauma Healing Expert, Family & Business Constellation Master

NOVEMBER 2020

SATURDAY SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



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 Shop # 49-50-51,
 Park Centre Mall,
 Mirdif, 41 26 B Street

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- Free online meditations
- Special rate for an online 1-on-1 private session
- 30% discount for online healing workshops
- Special discounts for online certified training courses

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3
Online Workshop! Self Worth- Free to be Me (Arabic) with Iman Hassan
 5pm-7pm
 AED 472.50/- vat included

4
Online Workshop! Self Worth- Free to be Me (Arabic) with Iman Hassan
 5pm-7pm
 AED 472.50/- vat included

5
Free Online Seminar! Introduction to Archetypal Consultancy with Mona Elnadi
 6pm-7pm

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7
Online & Onsite Training! Law of Attraction Level 1 with Iman Hassan
 October 31st - November 28th, 2020
 12nn-3pm
 AED 3675/- vat included (Offline)
 AED 2625/- vat included (Online)
Onsite Workshop! Breathing Workshop with Waad Altaieb
 5pm-7pm
 AED 446.25/- vat included

8
Free Online Seminar! From the series of enlightenment- The World Is Changing, Be A Part Of The Change! (Arabic) with Mona Nouman
 6:30pm-7:30pm

9
Online & Onsite Workshop! Enhance energy vibration for better mental health with MFA Sameer
 6pm-7:30pm
 AED 157.50/- vat included

10
Online & Onsite Training! USUI Reiki 2 (Arabic) with Iman Hassan
 November 10th-11th, 2020
 4pm-8pm
 AED 1,417.59/- vat included (Offline)
 AED 1,207.50/- vat included (Online)
Free Online Mindfulness Meditation Series! Mindfulness meditation techniques with MFA Sameer
 6:30pm-7:30pm

11
Online & Onsite Training! USUI Reiki 2 (Arabic) with Iman Hassan
 November 10th-11th, 2020
 4pm-8pm
 AED 1,417.59/- vat included (Offline)
 AED 1,207.50/- vat included (Online)

12
Online & Onsite Workshop! Self- Healing with Bioenergy (Part 1) Arabic with Mona Nouman
 6pm-7:30pm
 AED 105/- vat included
Max of 6 people can be accepted in the center

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14
Online & Onsite Training! Law of Attraction Level 1 with Iman Hassan
 October 31st - November 28th, 2020
 12nn-3pm
 AED 3675/- vat included (Offline)
 AED 2625/- vat included (Online)

15
Online & Onsite: Womens Circle (Arabic) with Waad Altaieb
 6:30pm-7:30pm
 AED 105/- vat included

16
Online & Onsite! New Moon Meditation; Deep Energy Cleansing & Regeneration with MFA Sameer
 6:30pm-7:30pm
 AED 52.50/- vat included

17
Onsite Workshop! Enneagram Group Coaching Session with Iman Hassan
 November 17-18 | 4pm-8pm
 AED 1260/- vat included
30% Early Bird Registration before Nov 12 Max of 6 people can be accepted in the center

18
Onsite Workshop! Enneagram Group Coaching Session with Iman Hassan
 November 17-18 | 4pm-8pm
 AED 1260/- vat included
30% Early Bird Registration before Nov 12 Max of 6 people can be accepted in the center

19
Free Online Seminar! From the series of enlightenment Stop self-destruction and rebuild yourself (Arabic) with Mona Nouman
 6:30pm-7:30pm

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21
Online & Onsite Training! Law of Attraction Level 1 with Iman Hassan
 October 31st - November 28th, 2020
 12nn-3pm
 AED 3675/- vat included (Offline)
 AED 2625/- vat included (Online)

22
Free Online Mindfulness Meditation Series: Mindfulness for Anxiety, stress and depression with MFA Sameer
 6:30pm-7:30pm

23
Online & Onsite Workshop! Self- Healing with Bioenergy (Part 2) Arabic with Mona Nouman
 6pm-7:30pm
 AED 105/- vat included
Max of 6 people can be accepted in the center

24
Onsite Training! USUI Reiki 4-5 (Arabic) with Iman Hassan
 November 24th-26th, 2020
 1pm-4pm
 AED 2415/- vat included
10% Early bird Discount before Nov 20th.
Free Online Mindfulness Meditation Series! Mindfulness for Spiritual enhancement with MFA Sameer
 6:30pm-7:30pm

25
Onsite Training! USUI Reiki 4-5 (Arabic) with Iman Hassan
 November 24th-26th, 2020
 1pm-4pm
 AED 2415/- vat included
10% Early bird Discount before Nov 20th.

26
Onsite Training! USUI Reiki 4-5 (Arabic) with Iman Hassan
 November 24th-26th, 2020
 1pm-4pm
 AED 2415/- vat included
10% Early bird Discount before Nov 20th.
Free Online Mindfulness Meditation Series! Mindfulness for Mental health with MFA Sameer
 6:30pm-7:30pm

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28
Online & Onsite Training! Law of Attraction Level 1 with Iman Hassan
 October 31st - November 28th, 2020
 12nn-3pm
 AED 3675/- vat included (Offline)
 AED 2625/- vat included (Online)

29
Online & Onsite: Women's Full Moon Meditation: Cacao Ceremony: Into the fullness of the Feminine Spirit (Arabic) with Waad Altaieb
 6:30pm-7:30pm
 AED 105/- vat included

30
Online & Onsite! Full Moon Meditation: Breathwork for Stress, anxiety and depression Meditation with MFA Sameer
 6:30pm-7:30pm
 AED 52.50/- vat included

YOU ARE STAYING SAFE AND TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.

In our efforts to support the community we are keeping many meditations & Seminars FREE!!
 Online workshops Will be available through our online platforms for *30% OFF based on the regular rate.
 *Online Payment is available through our Website or Pay Tabs link. *For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. *T & C Apply
We would request your support on this. #staysafe