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|-----------------------------|
| CALENDAR COLOR CODE         |
| Meditations & Yoga Classes  |
| Healing Workshops           |
| Certified Training Programs |
| Free Awareness Seminars     |
| External Events             |

**Mona Elnadi Nassar**  
  
 Integrative wellness Coach, Emotional Healer, certified Archetypal Consultant. Business coach & consultant

**Iman Hassan**  
  
 Wealth & Law of Attraction Trainer, Divine Healing Trainer, Feng Shui Consultant & Reiki Healer

**Waad Altaieb**  
  
 Feminine Energy Healer, Shamanic Healer, Yoga Master & Coach

**Mira Al Ameri**  
  
 Theta Healer & Holistic Therapist

**Anne Austin**  
  
 World Renowned Clairvoyant & Healer

# AUGUST 2020

**SATURDAY      SUNDAY      MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**



1st Floor,  
 Shop # 49-50-51,  
 Park Centre Mall,  
 Mirdif, 41 26 B Street

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 +971 50 388 0696  
 infomirdif@illuminationsworld.com  
 mirdif.illuminations.ae



- Free online meditations
- Special rate for an online 1-on-1 private session
- 30% discount for online healing workshops
- Special discounts for online certified training courses



Center is closed

**2 Full Moon Ritual Meditation for Releasing Negativity with MFA Sameer** | 6:30pm - 7:30pm  
 AED 52.50/- vat included  
 Online & Onsite Meditation  
 (Max of 5 people can attend in the center)

**3 Women's Full Moon Meditation: Cacao Ceremony: Into the Fullness of the feminine Spirit with Waad Altaieb( Arabic)**  
 6:30pm - 7:30pm  
 AED 105/- vat included  
 Online & Onsite Meditation  
 (Max of 5 people can attend in the center)

**4 Free Online Seminar! Fatigue and Sleep with Iman Hassan**  
 6:30pm - 7:30pm

**5**

**6 Free Online Meditation! Integrate your inner child Meditation with MFA Sameer**  
 6:30pm - 7:30pm

**8 Online Workshop! Enneagram Group Coaching with Iman Hassan**  
 August 08, 09 & 10 2020  
 4pm - 7pm | AED 1260 /- vat included

**Online/Onsite Training! Karuna Ki (Reiki Zen) Training Workshop with Waad Altaieb (Arabic)**  
 4pm - 8pm | AED 2100 vat included  
 (Max of 5 people can attend in the center)

**9 Online Workshop! Enneagram Group Coaching with Iman Hassan**  
 August 08, 09 & 10, 2020  
 4pm - 7pm  
 AED 1260 /- vat included

**10 Online Workshop! Enneagram Group Coaching with Iman Hassan**  
 August 08, 09 & 10, 2020  
 4pm - 7pm  
 AED 1260 /- vat included

**11 Free Online Seminar! How to Boost your immune system through holistic healing approaches with MFA Sameer**  
 6:30pm - 7:30pm

**12 Online & Onsite Workshop! Embody your Feminine Energy through Dance (Arabic) with Waad**  
 5pm - 7pm  
 AED 446.25/- vat included  
 (Max of 5 people can attend in the center)

**13**

**15**

**16 Onsite Workshop! Enneagram Group Coaching with Iman Hassan**  
 August 16, 17 & 18, 2020  
 4pm - 7pm  
 AED 1417.50 /- vat included  
 (Max of 5 people can attend in the center)

**17 Onsite Workshop! Enneagram Group Coaching with Iman Hassan**  
 August 16, 17 & 18, 2020  
 4pm - 7pm  
 AED 1417.50 /- vat included  
 (Max of 5 people can attend in the center)

**18 Onsite Workshop! Enneagram Group Coaching with Iman Hassan**  
 August 16, 17 & 18, 2020  
 4pm - 7pm | AED 1417.50 /- vat included  
 (Max of 5 people can attend in the center)

**New Moon meditation! Women's Circle: Cacao Ceremony Waad Altaieb( Arabic) | 6:30pm - 7:30pm**  
 AED 105 /- vat included  
 Online & Onsite Meditation  
 (Max of 5 people can attend in the center)

**19 New Moon Meditation: Awakening the Meditative Spirit Meditation with MFA Sameer**  
 6:30pm - 7:30pm  
 AED 52.50/- vat included  
 Online & Onsite event  
 (Max of 5 people can attend in the center)

**20**

**22**

**23 Online & Onsite Workshop! The Energy or colors & crystals workshop with Iman Hassan** | 4pm - 7pm  
 AED 362.25 /- vat included (Offline)  
 AED 315 /- vat included (Online)

**Free Online Meditation: Chakra Balancing Meditation with MFA Sameer** | 6:30pm - 7:30pm

**24**

**25 Online/Onsite Training! USUI Reiki Level 2 (Arabic) with Iman Hassan**  
 August 25-26, 4pm - 7pm  
 AED 1,417.50 vat included (Offline)  
 AED 1,207.5 vat included (Online)

**Free Online Seminar! Holistic Approach for stress, anxiety & depression with MFA Sameer** | 6:30pm - 7:30pm

**26 Online/Onsite Workshop! Healing your Kundalini Workshop with Waad**  
 5pm - 7pm  
 AED 446.25/- vat included  
 (Max of 5 people can attend in the center)

**27 Online/Onsite Workshop! Heal your past painful memories workshop with MFA Sameer**  
 6pm - 7:30pm  
 AED 157.50/- vat included  
 (Max of 5 people can attend in the center)

**29 Onsite Training! Shamanic Training Level 3 (In Arabic) with Waad Altaieb**  
 4pm - 8pm  
 AED 2835/- vat included

**Online Workshop! Be friends with your subconscious mind workshop with Iman Hassan** | 5pm - 7pm  
 AED 210/- vat included

**30**

**31 Free Online Meditation! Heal your aura and energy field meditation with MFA Sameer**  
 6:30pm - 7:30pm

**YOU ARE STAYING SAFE AND TAKING ALL PRECAUTIONARY MEASURES DURING THESE CHALLENGING TIMES.**

In our efforts to support the community we are keeping many meditations & Seminars FREE!! Online workshops Will be available through our online platforms for \*30% OFF based on the regular rate. \*Online Payment is available through our Website or Pay Tabs link. \*For Paid events, Online Link will be sent via email or Whatsapp 15 minutes before class. \*T & C Apply

**We would request your support on this. #staysafe**